

SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 6-K

JUN 0 6 2002

RECEIVED CONTROL OF 164 SECTION

REPORT OF FOREIGN PRIVATE ISSUER PURSUANT TO RULE 13A-16 OR 15D-16 OF THE SECURITIES EXCHANGE ACT OF 1934

For the month of May 2002

PROCESSED

JUN 1 7 2002

THOMSON FINANCIAL

LEADING BRANDS, INC. (Registrant)

160 - 7400 River Road, Richmond, British Columbia V6X 1X6 Canada (Address of Principal Executive Offices)

(Indicate	by check	mark	whether	the	Registrant	files	or	will	file	annual	reports	under	cover	of
Form 20-	F or Form	40 -F .)											

Form 20-F [X] Form 40-F []

(Indicate by check mark whether the Registrant by furnishing the information contained in this form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.)

Yes [] No [X]

(If "Yes" is marked, indicate below the file number assigned to the Registrant in connection with Rule 12g3-2(b).)

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

	LEADING BRANDS, INC. (Registrant)
Date <u>June 5, 2002</u>	By Marila Kerner (Signature)
	Marilyn Kerzner
	Director of Corporate Affairs



FOR IMMEDIATE RELEASE

CONTACTS:

Ralph D. McRae Chairman and CEO Leading Brands, Inc. Tel: (604) 214-9722 ext. 238

Email: rmcrae@LBIX.com

Derek Henrey Chief Financial Officer Leading Brands, Inc. Tel: (604) 214-9722 Ext.313

Email: dhenrey@LBIX.com

Stan Altschuler/David Waldman **Investor Relations** Strategic Growth International, Inc.

Tel: (516) 829-7111 Email: info@sqi-ir.com

LEADING BRANDS, INC. BEGINS TRADING ON THE TORONTO STOCK EXCHANGE TODAY UNDER THE SYMBOL "LBI"

VANCOUVER, CANADA - May 8, 2002 - Leading Brands, Inc. (NASDAO:LBIX; TSE:LBI), Canada's largest independent, fully integrated food and beverage brand management company, commences trading on The Toronto Stock Exchange ("TSE") today under the symbol "LBI". Leading Brands, Inc. is currently listed on Nasdag under the symbol LBIX and will maintain that listing in addition to the TSE listing.

Leading Brands Chairman and CEO Ralph D. McRae said "As an international company with headquarters in Canada, we are proud to commence trading on the TSE. This listing broadens our exposure to Canadian investors, as we aggressively grow our business and enhance our operations throughout North America."

About Leading Brands, Inc.

Leading Brands, Inc. (NASDAO:LBIX) is the largest independent, fully integrated premium beverage company in Canada. The Company's unique Integrated Distribution System (IDS) ™ offers turnkey, one-stop shopping to food and beverage brand owners, including manufacturing, distribution, sales/marketing and licensing. In addition, Leading Brands produces their own line of beverages such as TREK®, Johnny's Roadside® Iced Tea and Lemonade, Country Harvest® Juices, Caesar's® Bloody Caesar Cocktail, and Cool Canadian® Water. Leading Brands recently undertook a major expansion into the United States, with its US headquarters located in Stamford, CT. Its subsidiary, Quick, Inc. is building a home replenishment and delivery system for the new economy.

Statements in this news release that are not historical are to be regarded as forward-looking statements which are subject to risks and uncertainties that could cause actual results to differ materially. Such risks and uncertainties with respect to the Company's business include general economic conditions, weather conditions, changing beverage consumption trends, pricing, and the availability of raw materials and economic uncertainties, including currency.

We Build Brands™ ©2002 Leading Brands, Inc.

This news release is available at www.LBIX.com



FOR IMMEDIATE RELEASE

CONTACTS:

Howard E. Wishner/Matthew D. Kemp Leading Brands of America Tel: (203) 323-9435 xt. 3004/3003

Email: hwish@lbix.com/mkemp@lbix.com

Stan Altschuler/David Waldman Investor Relations Strategic Growth International, Inc.

Tel: (516) 829-7111 Email: <u>info@sgi-ir.com</u>

Leading Brands of America Appoints Four of the Beverage Industry's Leading Sales Executives To Launch U.S. Sales of TREK®, PEZ® and Other Innovative Brands

Stamford, CT - May 28, 2002 - Leading Brands, Inc. (NASDAQ: LBIX; TSE: LBI) - Leading Brands of America President Bob Miller today announced that the company has recruited and hired four of the leading sales executives in the beverage industry. *Terry Casey*, Senior Vice President of Sales, Central Division; *Arthur Greenwald*, Vice President of Sales, National Accounts; *Tim Larsen*, Vice President of Sales, Western Division; and *Marty Jay Zirofsky*, Vice President of Sales, Eastern Division have joined Leading Brands of America to lead the sales efforts surrounding the launch of the company's innovative new U.S. brands including the Optimized Performance Beverage™ TREK®, and the 100% juice drink PEZ®.

The announcement marks a reunion for the senior level executives who have previously worked together to dramatically increase sales for SoBe and a number of other highly successful start-up beverage brands. Bob Miller remarked, "Since we have a history of achievement together, I'm confident that each of us shares the entrepreneurial zeal, focus on innovation and limitless energy that reflects the direction of both the company and the brands we're launching in the U.S." Strengthening the bench of the Leading Brands of America sales force headed by Miller, Joe Garza, Southwestern Director of Sales and Chad Jeffries, Northwestern Director of Sales have also joined the company.

"This is another significant step in assembling the top notch team that will help propel the tremendous growth the company expects in the next few years," stated Leading Brands, Inc. Chairman and Chief Executive Officer Ralph McRae. "It builds on the appointments of senior level executives at Leading Brands of America and positions us to take full advantage of opportunities across the rapidly changing beverage industry."

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Tel: (516) 829-7111 Email: <u>info@sqi-ir.com</u>

LEADING BRANDS, INC. ANNOUNCES RECORD RESULTS FOR FISCAL 2001 Net Income Increased 15% Over the Prior Year

VANCOUVER, CANADA, June 3, 2002, LEADING BRANDS, INC. (NASDAQ: LBIX, TSX: LBI), Canada's largest independent, fully integrated brand management company, is pleased to announce record profits for its 2001 fiscal year ended February 28, 2002.

Net income for the period was \$2,093,000Cdn (\$1,339,000US) or \$0.15Cdn (\$0.10US) per share versus \$1,818,000Cdn (\$1,215,000US) or \$0.13Cdn (\$0.09US) per share for the year ending February 28, 2001. Revenue for fiscal 2001 was \$64,371,000Cdn (\$41,182,000US) versus \$76,416,000Cdn (\$51,087,000US) in the prior year.

Revenues for the fourth quarter were \$13,003,000Cdn (\$8,176,000US) versus \$14,069,000Cdn (\$9,124,000US) in the same quarter last year. The company recorded a net loss of \$76,000Cdn for the fourth quarter. When combined with an \$86,000Cdn profit in the third quarter, this marks the first time that the Company has been profitable through its two seasonally slow quarters; a tribute to its margin and cost controls.

The year and quarter revenue reduction is attributable to the Company's transition of its SoBe® beverage business from distribution to co-pack and the consequentially lower revenue per case. Although revenue dropped, profitability increased and all other aspects of the Company's business indeed grew.

EBITDA before other items for fiscal 2001 was \$4,740,000Cdn (\$3,033,000US) versus \$900,000Cdn (\$601,000US) during the prior year, a remarkable 426% increase.

Leading Brands Chairman & CEO Ralph D. McRae said: "We are thrilled with these results. Increased cash flow from our core operations and SoBe® sale allowed us to pay down more than \$7,000,000 Cdn in debt this past year and provide the engine to drive our international expansion. Breakeven results in our traditionally slower third and fourth quarters were only a dream a few years ago and our hard work on reducing fixed costs and maintaining margins has paid off."

Mr. McRae continued, "We are now looking forward to the exciting launch of our new TREK® Optimized Performance Beverage™ in early Q2 and our PEZ® 100% Juice line following later this Summer. We have received a tremendous response from our distributors and are looking forward to another great year."

Mr. McRae concluded, "I want to thank all of our employees and stakeholders for their contributions in taking us from a regional Canadian bottler and distributor just three short years ago to an international, integrated brand company today. They should be very proud of their efforts."

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We Build Brands™ ©2002 Leading Brands, Inc.

This news release is available at www.LBIX.com

(tables follow)



LEADING BRANDS, INC. CONSOLIDATED STATEMENT OF INCOME and DEFICIT

(EXPRESSED IN CANADIAN DOLLARS)

F	2002 2002	February 28 2001
	64 270 970	
Sales \$	64,370,879	\$ 76,416,053
Expenses (Income)		
Cost of sales	50,133,777	59,904,696
Selling, general & administration expenses	9,496,942	15,611,280
Depreciation and amortization	1,979,503	2,667,439
Interest expense	978,793	1,205,509
Other	(311,108)	
	62,277,907	74,597,821
Net income before taxes	2,092,972	1,818,232
Income Taxes	-	_
Net income after income taxes	2,092,972	1,818,232
Deficit, beginning of period (15,524,240)	(16,910,840)
Dividends	(6,900)	(431,632)
Deficit, end of period	13,438,168)	(15,524,240)
EARNINGS PER SHARE		
Basic	\$ 0.15	0.13
Fully diluted	\$ 0.15	0.11
Weighted average number of shares outstanding	13,593,310	10,390,165



LEADING BRANDS, INC. CONSOLIDATED STATEMENT OF INCOME and DEFICIT

(EXPRESSED IN UNITED STATES DOLLARS)

	February 28 2002	February 28 2001
Sales	\$ 41,181,549	\$ 51,087,079
Expenses (Income) Cost of sales Selling, general & administration expenses Depreciation and amortization Interest expense Other	32,073,301 6,075,710 1,266,397 626,186 (199,033) 39,842,561	805,929 (3,203,037)
Net income before taxes	1,338,988	1,215,558
Income Taxes Net income after income taxes	1,338,988	- 1,215,558
Deficit, beginning of period	(10,738,871)	(11,665,866)
Dividends	(4,414)	(288,563)
Deficit, end of period	(9,404,297)	(10,738,871)
EARNINGS PER SHARE Basic Fully diluted Weighted average number of shares outstanding	\$ 0.10 \$ 0.10 13,593,310	\$ 0.09 \$ 0.07 10,390,165

CHANGE IN OUTSTANDING AND RESERVED SECURITIES ISSUED AND OUTSTANDING SHARE SUMMARY # of Shares Balance Issued and Outstanding - Opening Balance* 13,553,386 ADD: Stock Options Exercised 0 Share Purchase Plan 0 Dividend Reinvestment Plan 0 Exercise Warrants 0 Private Placement 0 Conversion 0 Other Issuance (provide description) 0 SUBTRACT: Issuer Bid Purchase 0 Redemption 0 Other Cancellation (provide description) 0 Closing Issued and Outstanding Share Balance* 13.553.386

NOTE: If any of the Company's securities of a listed class are held by the Company itself or by any subsidiary of the Company (which securities are herein referred to as "internally-held securities"), such internally-held securities must not be counted as "issued and outstanding."

Internally-held securities may result from the Company not cancelling shares acquired pursuant to an issuer bid or as a consequence of a subsidiary of the Company retaining or obtaining shares of the Company through a merger, amalgamation, arrangement or reorganization involving the Company.

	RESERVED FOR SHARE COMPENSATION ARRANGEME	NTS	
Α.	Share Purchase Plans and / or Agreement(s)	# of Shares	Balance
	NAME OF PROGRAM:		
	Opening Reserve for Share Purchase Plan / Agreement	1	
	Additional Shares Listed Pursuant to the Plan (ADD)	l 1	
	Shares Issued from Treasury (SUBTRACT)		
	Closing Reserve for Share Purchase Plan	i 1	Nil
В.	Dividend Reinvestment Plan (DRIP) — for shareholders	# of Shares	Balance
	NAME OF PROGRAM:		
	Opening Reserve for Dividend Reinvestment Plan		-
	Additional Shares Listed Pursuant to the Plan (ADD)		
	Shares Issued (SUBTRACT)		

NAME OF PRO	n Plan and / or Agreem	ent			
	GRAM: Stock Option Agre	ements			
Stock Optio	ns Outstanding — Ope	ning Balance			3,833,500
0.0					
Options Grar					
Date of Grant	Name of Optionee	Expiry Date	Exercise Price	# of Options	Granted
			,		
		<u></u>	SUBTOTAL		Nil
	cised: (SUBTRACT) Shares es Reserved" below	issued on exer	rcise must also	be subtracted in	the table
Date of Exercise	Name of Optionee	Date of Grant	Exercise Price	Number	
			SUBTOTAL		Nil
Share Apprec	ciation Rights or Market G	rowth Feature	("SAR") in tande	em with Stock O	ptions.
Date of Exercise /	Name of Optionee	Date of Grant	# Options Canc.	# Shares Iss (based on SA	ued*
Share Apprecedate of Exercise / Canc.	T	Date of	# Options	# Shares Iss	ued*
Date of Exercise /	T	Date of	# Options	# Shares Iss	ued* AR Value)
*Shares may require a de applicable co	Name of Optionee of, or may not be issued to be duction in accordance with the control of the c	Date of Grant nowever *Sharwith TSE acce	# Options Canc. SUBTOTAL res Reserved* ptance of the	# Shares Issa (based on SA (for Stock Opti Plan. Please en	Nil on Plan) may nsure all
*Shares may require a de applicable co Options Cancreasons other and an explar	Name of Optionee To may not be issued to eduction in accordance with the control of the control	Date of Grant nowever *Sharwith TSE acce	# Options Canc. SUBTOTAL res Reserved* ptance of the	# Shares Issa (based on SA (for Stock Opti Plan. Please en	Nilon Plan) may
Shares may require a de applicable controls Cancressons other	Name of Optionee To may not be issued to eduction in accordance with the control of the control	Date of Grant nowever "Shall with TSE acce ACT) If an option byment or natural	# Options Canc. SUBTOTAL res Reserved ptance of the n is cancelled pral expiry, the e	# Shares Issa (based on SA (for Stock Opti Plan. Please en	Nil on Plan) may nsure all I expiry date, for

RESERVED FOR SHARE COMPENSATION ARRANGEMENTS

c.

10/01 | Page 3 / 4

3,830,000

Stock Option Outstanding — Closing Balance

RESERVED FOR SHARE COMPENSATION ARRANGEMENTS D. Shares Reserved (for Stock Option Plan) # of Shares NAME OF PROGRAM: Balance Opening Share Reserve Balance at beginning of period Additional shares Listed Pursuant to the Plan (ADD) Stock Options Exercised (SUBTRACT) Stock Appreciation Rights (SUBTRACT) Closing Share Reserve Balance at end of period Nit

All information reported in this Form is for the month of May, 2002.

Filed on behalf of the Company by:

(please enter name and direct phone or email)

NAME

Marilyn Kerzner

PHONE / EMAIL 604-214-9722 (Ext.270) mkerz@LBIX.com

DATE

June 5, 2002